

Hébert, T. P. (2018). *Talented Young Men Overcoming Tough Times:*

An Exploration of Resilience. Waco, TX: Prufrock Press.

Research Questions:

- **How do high-achieving gifted males overcome adverse circumstances in their lives to reach high levels of achievement?**
- **What are the relationships that guide their behaviors, attitudes, and aspirations?**

Adversity Experienced by the Men

- **Homelessness**
- **Poverty**
- **Dysfunctional families**
- **Parents with alcohol and drug problems**
- **Physical and psychological abuse**
- **Bullying**
- **Gay bashing**
- **Learning disabilities**

Findings: 4 Overarching Themes

- **Teachers who recognized promise and invested significant efforts**
- **Developing talents through extracurricular activities and athletics**
- **Interwoven personal characteristics: perseverance, future-mindedness, practical intelligence, intensity, and empathy**
- **At home in college: Finding community and shaping identity**

Gifted Kids Facing Life with Compassion and Resilience

Helpful Resources

- Berger Kaye, C. (2010). *The complete guide to service learning* (2nd ed.). Minneapolis, MN: Free Spirit Publishing.
- Crist, J. J. (2004). *What to do when you're scared and worried: A guide for kids*. Minneapolis, MN: Free Spirit Publishing.
- Duckworth, A. (2018). *Grit: The power of passion and perseverance*. New York, NY: Scribner.
- Emdin, C. (2016). *For White folks who teach in the hood...and the rest of y'all too: Reality pedagogy and urban education*. Boston, MA: Beacon Press.
- Fonseca, C. (2016). *Emotional intensity in gifted students: Helping kids cope with explosive feelings*. Waco, TX: Prufrock Press.
- Friedman, J. & Roehlkepartain, J. (2010). *Doing good together: 101 easy, meaningful service projects for schools, families, and communities*. Minneapolis, MN: Free Spirit.
- Greenspon, T. S. (2007). *What to do when good enough isn't good enough*. Minneapolis, MN: Free Spirit Publishing.
- Halsted, J. W. (2009). *Some of my best friends are books* (3rd ed.). Scottsdale, AZ: Great Potential Press.
- Hébert, T. P. (2018). *Talented young men overcoming tough times: An exploration of resilience*. Waco, TX: Prufrock Press.
- Hébert, T. P. (2011). *Understanding the social and emotional lives of gifted students*. Waco, TX: Prufrock Press.
- Lewis, B. A. (2009). *The kid's guide to service projects: Over 500 service ideas for young people who want to make a difference*. Minneapolis, MN: Free Spirit Publishing.

Lewis, B. A. (1998). *The kid's guide to social action*. (2nd ed.). Minneapolis, MN: Free Spirit Publishing.

Lewis, B. A. (2005). *What do you stand for? For Kids: A guide to building character*. Minneapolis, MN: Free Spirit Publishing.

Peterson, J. S. (2019). *Get gifted students talking*. Minneapolis, MN: Free Spirit Publishing.

Piechowski, M. M. (2014). *"Mellow Out," they say. If only I could: Intensities and sensitivities of the young and bright*. (2nd ed.). Unionville, NY: Royal Fireworks Press.

Rusch, E. (2002). *Generation fix: Young ideas for a better world*. Hillsboro, OR: Beyond Words Publishing.

Sundem, G. (2010). *Real kids, real stories, real change*. Minneapolis, MN: Free Spirit Publishing.

Thompson, L. A. (2014). *Be a changemaker: How to start something that matters*. Hillsboro, OR: Beyond Words Publishing.