

Hébert, T. P. (2018). *Talented Young Men Overcoming Tough Times:*

*An Exploration of Resilience. Waco, TX: Prufrock Press.*

*Research Questions:*

- How do high-achieving gifted males overcome adverse circumstances in their lives to reach high levels of achievement?
- What are the relationships that guide their behaviors, attitudes, and aspirations?

*Adversity Experienced by the Men*

- Homelessness
- Poverty
- Dysfunctional families
- Parents with alcohol and drug problems
- Physical and psychological abuse
- Bullying
- Gay bashing
- Learning disabilities

*Findings: 4 Overarching Themes*

- Teachers who recognized promise and invested significant efforts
- Developing talents through extracurricular activities and athletics
- Interwoven personal characteristics: perseverance, future-mindedness, practical intelligence, intensity, and empathy
- At home in college: Finding community and shaping identity

## *Gifted Kids Facing Life with Compassion and Resilience*

### **Helpful Resources**

- Berger Kaye, C. (2010). *The complete guide to service learning* (2<sup>nd</sup> ed.). Minneapolis, MN: Free Spirit Publishing.
- Crist, J. J. (2004). *What to do when you're scared and worried: A guide for kids*. Minneapolis, MN: Free Spirit Publishing.
- Duckworth, A. (2018). *Grit: The power of passion and perseverance*. New York, NY: Scribner.
- Emdin, C. (2016). *For White folks who teach in the hood...and the rest of y'all too: Reality pedagogy and urban education*. Boston, MA: Beacon Press.
- Fonseca, C. (2016). *Emotional intensity in gifted students: Helping kids cope with explosive feelings*. Waco, TX: Prufrock Press.
- Friedman, J. & Roehlkepartain, J. (2010). *Doing good together: 101 easy, meaningful service projects for schools, families, and communities*. Minneapolis, MN: Free Spirit.
- Greenspon, T. S. (2007). *What to do when good enough isn't good enough*. Minneapolis, MN: Free Spirit Publishing.
- Halsted, J. W. (2009). *Some of my best friends are books* (3<sup>rd</sup> ed.). Scottsdale, AZ: Great Potential Press.
- Hébert, T. P. (2018). *Talented young men overcoming tough times: An exploration of resilience*. Waco, TX: Prufrock Press.
- Hébert, T. P. (2011). *Understanding the social and emotional lives of gifted students*. Waco, TX: Prufrock Press.
- Lewis, B. A. (2009). *The kid's guide to service projects: Over 500 service ideas for young people who want to make a difference*. Minneapolis, MN: Free Spirit Publishing.

Lewis, B. A. (1998). *The kid's guide to social action*. (2<sup>nd</sup> ed.). Minneapolis, MN: Free Spirit Publishing.

Lewis, B. A. (2005). *What do you stand for? For Kids: A guide to building character*. Minneapolis, MN: Free Spirit Publishing.

Peterson, J. S. (2019). *Get gifted students talking*. Minneapolis, MN: Free Spirit Publishing.

Piechowski, M. M. (2014). *"Mellow Out," they say. If only I could: Intensities and sensitivities of the young and bright*. (2<sup>nd</sup> ed.). Unionville, NY: Royal Fireworks Press.

Rusch, E. (2002). *Generation fix: Young ideas for a better world*. Hillsboro, OR: Beyond Words Publishing.

Sundem, G. (2010). *Real kids, real stories, real change*. Minneapolis, MN: Free Spirit Publishing.

Thompson, L. A. (2014). *Be a changemaker: How to start something that matters*. Hillsboro, OR: Beyond Words Publishing.